



ES1 Learning from Home - Term 2 Week 2





Students are not expected to complete all tasks, please do what you can. Please share photos of activities you do at home via Seesaw.




This week you will receive student logins for new programs: Reading Eggs and SoundWaves. The login for 'Sunshine Reading Online' is below in 'Additional Activities'.

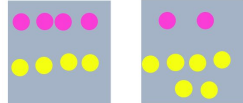

Activities in red should be prioritised and completed independently by your child.

Click here to access a web page where all tutorial videos for parents can be found

Click to watch video on how to use the [Matific](#), [Soundwaves Program](#) and [Reading Eggs Program](#) at home

Week 2 - T2	Monday 4/5	Tuesday 5/5	Wednesday 6/5	Thursday 7/5	Friday 8/5
DAILY TASKS	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)
ENGLISH	<p>★ Sight Words: Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence. E.g.</p> <p style="text-align: center;">↓</p> <p style="text-align: center;">the look Look at the dog.</p> <p>★ Writing: Make it Monday</p> <ul style="list-style-type: none"> • Draw a picture. • What is it? (<i>This is a...</i>) • What can you see? (I see a...) • Come up with an idea and write about it. <p>★ Soundwaves - Phonics</p> <div style="border: 1px solid black; padding: 5px;"> www.soundwaveskids.com.au Access code: flat997 </div> <p>Click to watch video on how to use Soundwaves Program at home</p> <p>Sound of the day: h</p> <div style="text-align: center;">  Watch the videos and complete online activities. </div> <p>★ Seesaw: /h/ sound search</p>	<p>★ Sight Words: Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence. E.g.</p> <p style="text-align: center;">↓</p> <p style="text-align: center;">on a This box is on a table</p> <p>★ Book of the week: <i>The Mixed up Chameleon</i> by Eric Carle</p> <p>★ Writing: Response to text</p> <ol style="list-style-type: none"> 1. Listen to the story on Seesaw 2. Talk about the different animals the chameleon wished he could be. 3. Draw a picture. 4. Write about your picture or the story. <p>*Post your writing on Seesaw*</p> <p>★ Soundwaves - Phonics</p> <p>Sound of the day: u</p> <div style="text-align: center;">  Watch the videos and complete online activities. </div> <p>★ Seesaw: /u/ sound search Offline Alternative: Find or draw pictures/items that start with the sound /u/</p>	<p>★ Sight Words: Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence. E.g.</p> <p style="text-align: center;">↓</p> <p style="text-align: center;">is this This is my hat.</p> <p>★ Writing: Chameleons</p> <p>Watch this video on chameleons</p> <p>Discuss</p> <ul style="list-style-type: none"> → What they look like → Where they live → What they eat. <p>Draw a picture of a chameleon and write about it.</p> <p>*Post your writing to Seesaw.</p> <p>★ Seesaw: Blending Sounds to make words video</p> <p>Follow along with the teacher to practise blending sounds to make words.</p> <p>Offline Alternative:</p> <p>Practise writing 3 letter words that have a vowel in the middle (such as cat, rub, sit, pot, pet). Have mum or dad say the word and you need to say the sounds slowly and then use your butterfly chart to help you find and write the sounds.</p>	<p>★ Sight Words: Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence. E.g.</p> <p style="text-align: center;">↓</p> <p style="text-align: center;">look I I can look at the flower.</p> <p>★ Writing: Thinking Thursday</p> <p>Discuss and write about:</p> <ul style="list-style-type: none"> → What would you be if you could change into a different animal? → What would you look like? <p>Try to include some descriptive words - <i>long</i> neck, <i>curly</i> tail, <i>loud</i> roar, <i>shiny</i> scales.</p> <p>★ Soundwaves - Phonics</p> <p>Sound of the day: f</p> <div style="text-align: center;">  Watch the videos and complete online activities. </div> <p>★ Seesaw: /f/ sound search Offline Alternative: Find or draw pictures/items that start with the sound /f/</p>	<p>★ Sight Words: Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence. E.g.</p> <p style="text-align: center;">↓</p> <p style="text-align: center;">my can My mum can dance.</p> <p>★ Writing: Mother's Day</p> <p>Write about why you love your mum/aunt/sister or other special person. <i>I love my mum/sister/aunt because....</i></p> <p>You may choose to make a card and write your special message inside it.</p> <p>★ Soundwaves - Phonics</p> <p>Sound of the day: v</p> <div style="text-align: center;">  Watch the videos and complete online activities. </div> <p>★ Seesaw: /v/ sound search Offline Alternative: Find or draw pictures/items that start with the sound /v/</p>

	Offline Alternative: Find or draw pictures/items that start with the sound /h/				
PHYSICAL ACTIVITY	Underarm throw & catch: <i>In a safe place in your home or outside practise throwing and catching a small ball or soft object into the air. Remember to throw underarm, get your hands ready and bend your knees.</i>	Underarm throw & catch: <i>Practise throwing and catching a ball or soft object with another person. Remember to throw gently and aim at their chest. Can you throw and catch more than 10 times? How many can you count?</i>	Throwing overarm: <i>In a safe place in your home or outside make or find a target and throw a ball or soft object towards it. Remember to look, point at your target and throw with your opposite arm. How many times can you hit the target?</i>	Throwing overarm: <i>Go outside in a safe area and throw a ball or soft object as far as you can. Remember to look, point in the direction you are throwing and throw with your opposite arm. How far can you throw? Did you throw further each time?</i>	Throwing and catching: <i>Practice throwing and catching to yourself or with someone in your family. Remember to get your hands ready and bend your knees. How many times can you throw and catch without dropping the ball?</i>
MATHS	<p>★ Pick 2 different coloured pencils, pens or markers. Write your numbers as high as you can. Alternate colours for each number.</p> <p>★ The dice decides: Start at 4. Roll a dice and write the next numbers decided by the dice. (Eg if you roll a 5 you would write 4, 5, 6, 7, 8, 9).</p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. ★★★★★</p> <p>Offline alternative: Walk around your house and look for numbers. Write down all the numbers you found. Where was the largest number?</p>	<p>★ Time yourself writing your numbers forwards from 0-20. How long did you take? Write your numbers again and see if you can do it faster.</p> <p>★ Hat Draw: Using number cards 1-20 (<i>available in your learning pack or can be made</i>) pull a number from a hat, bowl, box or bag and say two more than the number chosen (eg. if you pull out the number 12 the number that is two more is 14). Challenge: <i>Try saying the number 3 or 4 more.</i></p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. ★★★★★</p> <p>Offline alternative: Write the numbers 2-12 on a piece of paper or whiteboard. Roll two dice and <u>count on</u> from the larger number to find the total. Cross out or rub off the total number. Continue until all numbers have been crossed out.</p>	<p>★ Pick 2 different coloured pencils, pens or markers. Write your numbers as high as you can. Alternate colours for each number.</p> <p>★ Can you draw my Zoo? I need to create a picture showing all the animals in my zoo. I counted them last night and here is what I have: Giraffes: 6 Elephants: 3 Tigers: 8 Zebras: 4 Penguins: 12 Seals: 3 Draw the animals in my Zoo using the information above? How many are there altogether?</p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. ★★★★★</p> <p>Offline alternative: Walk backwards around your house and practice counting backwards from 20 or 30.</p>	<p>★ Time yourself writing your numbers forwards from 0-30. How long did you take? Write your numbers again and see if you can do it faster.</p> <p>★ What's in the Jungle? Look at this picture. Count and write how many of the following animals you can see: Lions: _____ Monkeys: _____ Toucans: _____ Elephants: _____</p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. ★★★★★</p> <p>Offline alternative: Choose a number by rolling a dice, turning over a card or have someone say a number. Write the two numbers before and two numbers after that number. Repeat this as many times as you like with different numbers.</p>	<p>★ Practice writing your numbers any way you like. You might use a whiteboard, write them in different coloured pencils, make them out of playdough or think of your own way.</p> <p>★ Select three types of fruit from your home e.g. bananas, grapes and oranges. Write them in a list. Count each of them and draw a picture to represent each one.</p> <p>Bananas: </p> <p>Grapes: </p> <p>Oranges: </p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. ★★★★★</p> <p>Offline alternative: Choose a number between 5 and 20. Using dots, draw two different ways to represent this number. <i>E.g. 8 can be shown as 4 and 4, or 2 and 6</i></p>

					<div data-bbox="1856 39 2098 186"> <div>8</div>  </div>
OTHER	<u>Geography</u> <u>My Place</u> Go to http://inq.co/class/i14 and enter the code: 8815 . Complete the lesson called 'My Place'. Go through the slides, watch the 2 videos and complete the green circle worksheets on page 4 & 5. Offline alternative: 1. Discuss different places people can live (i.e. house, unit, igloo) 2. Draw the place where you live and describe what different features of your home are made of (roof, door etc). 3. Your home will have other, smaller places inside it. Talk and draw some of the rooms in your home (i.e. bedroom, kitchen)	<u>Visual Arts</u> <u>My Mixed up Animal</u> Today we read the 'Mixed up Chameleon'. Create your own mixed up animal and draw or make it out of materials. ★ Post your mixed up animal to Seesaw and describe it. <div data-bbox="689 512 952 892">  </div>	<u>Science</u> <u>Day and Night</u> Go to http://inq.co/class/i14 and enter the code: 8815 . Complete the lesson called 'Day and Night'. Offline alternative: With the help of an adult, use a torch (to represent the sun) and a globe/ball (the Earth) to investigate what happens during the day and at night. <div data-bbox="1272 523 1400 603">  </div> <ul style="list-style-type: none"> What do you see? What do you think? What do you wonder? Draw some things that you can see and do during the day and at night.	<u>PDH</u> <u>People who keep me safe</u> Talk to your mum and dad and have a discussion about the people who help keep you safe at home. How do they care for you and keep you safe? Discuss where there may be unsafe places in or close to your home. Students draw a picture and label the people in their house who look after them and keep them safe.	<u>Creative Arts</u> <u>Friday Fun Day</u> Choose a favourite activity: <ul style="list-style-type: none"> Construction Craft Collage Music/Dance Lego Dress-Ups & imaginary play
	Additional Teacher Activities		<u>Miss Cavenagh (Dance)</u> ★ Watch the video on Seesaw for the next section of the "ABC" dance that you started last week. You can upload your progress of the dance to Seesaw for Miss Cavenagh to see.	<u>Mrs Mok (EAL/D)</u> ★ Seesaw activities - 2 activities posted each Wednesday for <u>some</u> students only. 1. My friends - listen to story, draw and tell me about your friends. 2. Answer questions - listen to the question and choose the correct answer.	<u>Mr Murphy (Library)</u> ★ Watch the online book: No Place Like Home by Ronojoy Ghosh. ★ Complete the activity below: I feel like I am home when. No Place Like Home worksheet
	ADDITIONAL ACTIVITIES & WEBSITES	English: Activities to support literacy skills at home <ul style="list-style-type: none"> Talk about the daily read aloud with your child. Draw and write something about the story. Reading: <ul style="list-style-type: none"> Sunshine Reading Online - levelled readers and activities <ul style="list-style-type: none"> https://www.sunshineonline.com.au/ 			

- **login:** rydeps **password:** rydeps
- Most students would currently be on level 1.


Phonics:

- Go to the [starfall website](https://www.starfall.com/h/abcs/) to learn the SOUNDS each letter makes (<https://www.starfall.com/h/abcs/>)
- <https://www.youtube.com/watch?v=BELIZKpi1Zs>
- https://www.youtube.com/watch?v=VFao0b_IIRac
- Listen to the [Sound Waves Sound Chant](#)

Sight words:

- [Sight Word Activities](#)

Writing Ideas:

-  [Pencil grip tutorial](#) - how to support your child to hold their pencil correctly
- Draw a picture and write about it (favourite toy, place, food, activity, game etc.)
- Read a story and write about your favourite part
- Write about what happened in the beginning, middle and end of a story
- Look at a picture and write about it
- Write a letter/make a card for a friend, teacher, family member

Maths:

- [Activities to support numeracy skills at home](#)
- [Starfall Maths](#)
- [IXL maths games](#)

Physical Activity and Mindfulness:

- Cosmic Kids Yoga: <https://www.youtube.com/user/CosmicKidsYoga/videos>
- Go Noodle: <https://www.gonoodle.com/>
- Kidz Bop: <https://www.youtube.com/user/KidzBopKids>



Brain Break Suggestions:

- Dancing/moving/stretching/singing
- Drink of water/have a snack
- Physical activity (as above)
- Go outside and run/hop/skip/jump/bounce a ball