










ES1 Learning from Home - Term 2 Week 3


Students are not expected to complete all tasks, please do what you can. Please share photos of activities you do at home via Seesaw.



Activities in red should be prioritised and completed independently by your child.

Learning from Home web page includes all tutorial videos for parents and guided lessons for students <https://bit.ly/3cggDSO>

RPS Phase 1 return to school starts Monday 11/5 <https://bit.ly/2LciV8I>

Week 3 - T2	Monday 11/5 <i>ES1 Phase 1: allocated day for Face-to-Face teaching at school</i>	Tuesday 12/5	Wednesday 13/5	Thursday 14/5	Friday 15/5
DAILY TASKS	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)
ENGLISH	<p>★ Sight Words: Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence.</p> <p>★ Book of the week: <i>Hetty's Day Out</i> by Pamela Allen</p> <p>★ Writing: Hetty's Day Out 1. Listen to the story 2. Draw, talk and write some ideas about the story. <u>Some ideas to get you started:</u> <i>Hettie got stuck because...</i> <i>Hettie ate... Hettie went to...</i></p> <p>★ Soundwaves - Phonics www.soundwaveskids.com.au Access code: flat997</p> <p>Sound of the day: k / c</p> <p> Watch the videos and complete online activities.</p> <p>★ Seesaw: /k/ and /c/ sound search Offline Alternative: Find or draw pictures/items that start with the sound /k/ and /c/</p>	<p>★ Sight Words: Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence.</p> <p>★ Writing: Cats  Watch this video on cats <i>Then follow along with the teacher for a modelled writing lesson (posted on Seesaw)</i> Discuss and write about:</p> <ul style="list-style-type: none"> ● What cats look like ● Where they live ● What they eat. <p>*Post your writing to Seesaw*</p> <p>★ Soundwaves - Phonics Sound of the day: j</p> <p> Watch the videos and complete online activities.</p> <p>★ Seesaw: /j/ sound search Offline Alternative: Find or draw pictures/items that start with the sound /j/</p>	<p>★ Sight Words: Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence.</p> <p>★ Writing: Whatever you like Wednesday Make, build, create, cook, draw or find something to write about. Talk to someone in your family about what you made/found. Come up with 2 ideas and write about it. *Post your writing to Seesaw*</p> <p>★ Seesaw:  Break up words into the 3 sounds  Follow along with the teacher to practise breaking words up into the three sounds (posted on Seesaw)</p> <p>Offline Alternative: Practise reading 3 letter words that have a vowel in the middle (such as: dog, mat, hop, run, sub, top, bat, tip). Have mum or dad write the words and you need to say the 3 sounds slowly and then say the whole word quickly. r-u-b → rub</p>	<p>★ Sight Words. Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence.</p> <p>★ Writing: Thinking Thursday Discuss whether you would like to be a bird or a cat. Why? Write about it. *Post your writing to Seesaw*</p> <p>★ Soundwaves - Phonics Sound of the day: w</p> <p> Watch the videos and complete online activities.</p> <p>★ Seesaw: /w/ sound search Offline Alternative: Find or draw pictures/items that start with the sound /w/</p>	<p>★ Sight Words. Practice reading and writing your sight words. See sight word activities ideas. Try and put two or more of your sight words into a sentence</p> <p>★ Writing: Free Choice Friday Write about anything you like. Some ideas to get you started:</p> <ul style="list-style-type: none"> ● Your favourite page of a book ● A letter or card to someone ● A story ● Label a drawing ● Describe a person, place or object <p>*Post your writing to Seesaw*</p> <p>★ Soundwaves - Phonics Sound of the day: y</p> <p> Watch the videos and complete online activities.</p> <p>★ Seesaw: /y/ sound search Offline Alternative: Find or draw pictures/items that start with the sound /y/</p>

<p>PHYSICAL ACTIVITY</p>	<p>Stretching: Perform some warm up stretches with your body. Arms, shoulders and legs. How long can you hold each stretch for? Participate in a Cosmic kids Yoga session online.</p>	<p>Marching: Practise marching around your house. You have to remember to march with your knees up and swing your arms. Can you march to some music? How many rooms can you march into and around?</p>	<p>Hopping: Hop on one foot from one room to another. Can you count how many hops? Go outside and draw a hopscotch on the path or ground with chalk. Play with a family member and practise your hopping while having fun!</p>	<p>Skipping: Practice skipping around your house. Are you getting your knees up and doing the step hop action with your legs? Go outside and skip up and down on the path or on the grass.</p>	<p>Hopping/Skipping: Play some games such as duck duck goose or cat and mouse with your family members or some toys. Take turns to hop and skip around the circle.</p>
<p>MATHS</p>	<p>★ Pick some different coloured pencils, pens or markers. Write your numbers as high as you can.</p> <p>★ Roll and add: Write the numbers 2-12 on a piece of paper or whiteboard. Roll two dice and <u>count on</u> from the larger number to find the total. Cross out or rub off the total number. Continue until all numbers have been crossed out.</p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. *****</p> <p>Offline alternative: Write your first name and your last name. Count how many letters are in your name. Write the full names of two family members and count how many letters are in their names. Who has the most? How many letters are in all 3 full names altogether. <i>E.g. Sammy Smith = 10 Mia Smith = 8 Fred Smith = 9 Sammy has the most by 1 Altogether = 27</i></p>	<p>★ Roll a dice or pull a number card (1-20) out of a hat. Practice writing that number 10 times, then draw a picture of that many objects. Repeat with a different number as many times as you like.</p> <p>★ Seesaw: Say the number. Offline alternative: Ask an adult to write some random numbers from 1-20 on a piece of paper or whiteboard. Can you name those numbers.</p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. *****</p> <p>Offline alternative: Count how many lights are in your home. Which room has the most lights?</p>	<p>★ Pick 2 different coloured pencils, pens or markers. Write your numbers as high as you can.</p> <p>★ Make 10 card game: You will need a deck of playing cards (remove Jack, Queen, King, Joker removed) or you can use numeral cards 1-9. Shuffle deck of cards and place them face down in a pile. Turn over 4 cards and put them in a row so you can see their numbers. Find 2, 3 or 4 cards that combine to make 10. Remove these cards and replace them with the cards in the face down pile. Keep going until you have finished the deck.</p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. *****</p> <p>Offline alternative: Roll a dice or pull a number card (1-10) out of a hat. Find an item in your house that has that many. E.g. roll a 4 and find something that has four such as 4 toothbrushes or four drawers.</p>	<p>★ Seesaw: Half or not half. Offline alternative: Draw a circle, square, triangle and rectangle. Draw a line to divide the shape into two equal parts (half). Make sure both parts are the same size.</p> <p>★ With the help of an adult, make yourself a healthy snack. Cut it in half and share a photo or drawing of your snack on seesaw.</p>  <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. *****</p> <p>Offline alternative: Help write a shopping list with one of your parents. How many items are on the list? How many fruit and vegetables are listed? How many cleaning products? How many are meat/fish/chicken? Which category had the most? WHICH had the least?</p>	<p>★ Practice writing your numbers any way you like. You might use a whiteboard, write them in different coloured pencils, make them out of playdough or think of your own way.</p> <p>★ Seesaw: Picture graph. Offline alternative: How many green toys do you have? How many red toys do you have? How many yellow toys do you have? Write the answers down. Which coloured toy do you have the most of?</p> <p>★ Matific: Complete one activity on Matific School Work. Try to achieve 5 stars in the activity. *****</p> <p>Offline alternative: Draw and cut out some of your favourite foods (e.g. pizza, cupcake, watermelon, etc). Using scissors cut (or you can fold) your food in half to share with someone in your family. Make sure the two parts are the same size. Say "half for you and half for me".</p>


OTHER	<p>Geography Places I Belong To</p> <p>Go to http://inq.co/class/i14 and enter the code: 8815. Complete the lesson called 'Places I Belong To'. Go through the slides, watch the 'Step Inside' video and complete the green circle worksheets on page 5 and 6.</p> <p>Offline alternative:</p> <ol style="list-style-type: none"> 1. Discuss some places you go with your family most days, once a week, monthly and once a year. 2. People often go to these places because they belong to a group who uses it. Discuss and draw what groups you belong to (school, family, sports team, church etc). 	<p>Visual Arts</p> <p>Follow along with the 'Art for Kids Hub' team to draw/paint your own cat.</p> <p>You might like to add in some of the foods that Hetty the cat ate in the story.</p> <p><i>You are welcome to draw your own cat and not follow along with the video</i></p> <p>Remember to post a photo of your artwork to Seesaw!</p> 	<p>Science</p> <p>Go to http://inq.co/class/i14 and enter the code: 8815. Complete the lesson called 'Shelter Me'.</p> <p>Offline alternative:</p> <p>Think about different areas of your home, neighbourhood and school and investigate how these areas protect you from the sun, rain, wind and cold.</p> <ul style="list-style-type: none"> ● How could we improve them? ● How do we make our homes and school comfortable in different weather conditions? <p>Design and make a shelter that will protect your teddy bear or toy from the weather.</p> <p>Once you've built your shelter, use a fan (wind), a lamp (sun) or a spray bottle (rain) to test if your shelter protects your teddy. Talk with an adult about how you could improve your shelter and what worked best.</p> 	<p>PDH</p> <p>Our safe environment at school</p> <p>Talk to your mum or dad about where you would find safe places at school.</p> <p>Who are the people who keep you safe at school?</p> <p>Draw and label pictures of safe places at school and include the people who keep you safe.</p>	<p>Creative Arts Friday Fun Day</p> <p>Choose a favourite activity:</p> <ul style="list-style-type: none"> ● Construction ● Craft ● Collage ● Music/Dance ● Lego ● Dress-Ups & imaginary play
Additional Teacher Activities	<p><u>Miss Cavenagh (Dance)</u></p> <p>★ Seesaw video of the next section of the "ABC" Dance. Take a video of yourself and upload it so we can see what you've got so far!</p>		<p><u>Mrs Mok (EAL/D)</u></p> <p>★ 2 Seesaw activities uploaded each Wednesday for <u>some</u> students only.</p> <ol style="list-style-type: none"> 1. Listen and do task 2. Answering questions 	<p><u>Mrs Yiu (LaS)</u></p> <p>★ Complete Seesaw activities uploaded each Thursday for <u>some</u> students only.</p>	
ADDITIONAL ACTIVITIES & WEBSITES	<p>English: Activities to support literacy skills at home</p> <ul style="list-style-type: none"> ● Talk about the daily read aloud with your child. Draw and write something about the story. <p>Reading:</p> <ul style="list-style-type: none"> ● Sunshine Reading Online - levelled readers and activities <ul style="list-style-type: none"> ○ https://www.sunshineonline.com.au/ ○ login: rydeps password: rydeps ○ Most students would currently be on level 1. <p>Phonics:</p> <ul style="list-style-type: none"> ● Go to the starfall website to learn the SOUNDS each letter makes (https://www.starfall.com/h/abcs/) ● https://www.youtube.com/watch?v=BELIZKpi1Zs 				

- https://www.youtube.com/watch?v=VFaoB_IIRac
- Listen to the [Sound Waves Sound Chant](#)

Sight words:

- [Sight Word Activities](#)

Writing Ideas:

-  [Pencil grip tutorial](#) - how to support your child to hold their pencil correctly
- Draw a picture and write about it (favourite toy, place, food, activity, game etc.)
- Listen to a story and write about your favourite part
- Write about what happened in the beginning, middle and end of a story
- Look at a picture and write about it
- Write a letter/make a card for a friend, teacher, family member

Maths:

- [Activities to support numeracy skills at home](#)
- [Starfall Maths](#)
- [IXL maths games](#)

Physical Activity and Mindfulness:

- Cosmic Kids Yoga: <https://www.youtube.com/user/CosmicKidsYoga/videos>
- Go Noodle: <https://www.gonoodle.com/>
- Kidz Bop: <https://www.youtube.com/user/KidzBopKids>



Brain Break Suggestions:

- Dancing/moving/stretching/singing
- Drink of water/have a snack
- Physical activity (as above)
- Go outside and run/hop/skip/jump/bounce a ball