





















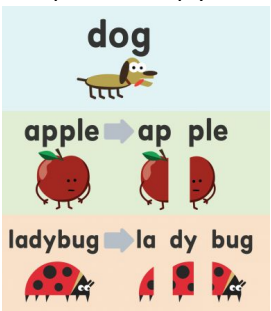










## ES1 Learning from Home - Term 2 Week 4



Students are not expected to complete all tasks, please do what you can. Please share photos of activities you do at home via Seesaw.




**Activities in red should be prioritised and completed independently by your child.**

Learning from Home web page includes all tutorial videos for parents and guided lessons for students <https://bit.ly/3cggDS0>

RPS Phase 1 continues with students attending school on Monday <https://bit.ly/2LciV8I>

Week 4 - T2	Monday 18/5 <i>ES1 Phase 1: allocated day for Face-to-Face teaching at school</i>	Tuesday 19/5	Wednesday 20/5	Thursday 21/5	Friday 22/5
DAILY TASKS	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)	Reading Eggs (15-20minutes)
ENGLISH	<p>★ <b>Sight Words:</b> Practice reading and writing your <a href="#">sight words</a>. See <a href="#">sight word activities ideas</a>. Try and put two or more of your sight words into a sentence.</p> <p>★ <b>Book of the week:</b> <i>Mr McGee</i> by Pamela Allen</p> <p>★ <b>Writing: Response to text</b> 1. Listen to the story 2. Draw, talk and write some ideas about the story. <u>Some ideas to get you started:</u> <i>Mr McGee lived.....</i> <i>He ate ..... and .....</i> <i>A bird .....</i></p> <p>★ <b>Soundwaves - Phonics</b> <a href="http://www.soundwaveskids.com.au">www.soundwaveskids.com.au</a> Access code: flat997</p> <p><b>Sound of the day: Zz</b>  Watch the videos and complete the online activities.</p> <p>★ <b>Seesaw:</b> /z/ sound search <b>Offline Alternative:</b> Find or draw pictures/items that start with the sound /z/</p>	<p>★ <b>Seesaw - Sight Words:</b> Complete the Find-a-Word. Try and find all the Butterfly sight words.</p> <p>★ <b>Writing: Description</b> Draw an apple and describe it using your 5 senses. What does it look, feel, taste, sound and smell like? Write down your ideas and post a photo of your work to Seesaw.</p> <p>    </p> <p>★  <b>Word Work Activity</b>  Follow along with the teacher to practise blending 3 letter words to read (posted on seesaw) <b>Offline Alternative:</b> Practise reading these words. Have mum or dad write them on a piece of paper or whiteboard. Say each sound slowly then say the whole word. Match them to the correct picture.</p> <p>   </p> <p>   </p> <p><i>ham, pop, can, run, bib, hug, bat, sit</i></p>	<p>★ <b>Sight Words:</b> Practice reading and writing your <a href="#">sight words</a>. See <a href="#">sight word activities ideas</a>. Try and put two or more of your sight words into a sentence.</p> <p>★ <b>Writing: I will fly to.....</b>  <a href="#">Watch this video for today's writing lesson</a>  Talk with an adult about where you would go and what you would do if you could fly. Finish the sentence starter, write and draw about it. <b>*Post your writing to Seesaw*</b></p> <p>★ <b>Seesaw Activity:</b> Syllable Sort <b>Offline Alternative:</b> Find different items from around your house and sort them into 1, 2 or 3 syllables. Clap the parts to help you.</p> <p></p>	<p>★ <b>Seesaw - Sight Words:</b> Complete the sight word matching activity with some of the Golden and Red sight words.</p> <p>★ <b>Writing: Thinking Thursday</b> Would you rather be able to fly or be invisible. Why? Draw &amp; write about it. <b>*Post your writing to Seesaw</b></p> <p>★  <b>Word Work Activity</b>  Follow along with the teacher to practise blending sounds to make words (posted on Seesaw) <b>Offline Alternative</b> Practise writing 3 letter words that have a vowel in the middle (such as hat, hut, sip, hot, pen). Have mum or dad say the word and you need to say the sounds slowly and use your butterfly chart to help you find and write the sounds. Draw a picture to match the words.</p>	<p>★ <b>Seesaw - Sight Words:</b> Read and circle all the sight words you know.</p> <p>★ <b>Writing: Free Choice Friday</b> Write about anything you like. Some ideas to get you started:</p> <ul style="list-style-type: none"> <li>• Your favourite page of a book</li> <li>• A letter or card to someone</li> <li>• A story</li> <li>• Label a drawing</li> <li>• Describe a person, place or object</li> </ul> <p><b>*Post your writing to Seesaw*</b></p> <p>★ <b>Seesaw Activity:</b> Circle the correct spelling - 3 letter words <b>Offline Alternative:</b> <i>Write the words to match these pictures. Say each sound slowly. There are 3 sounds in each word.</i></p> <p>   </p> <p>   </p>

<b>PHYSICAL ACTIVITY</b>	<b>Running:</b> Stretch your body, warm up then jog on the spot with your knees up for at least a count of 20. Jog around the house or apartment while singing your favourite song.	<b>Running:</b> Stretch and warm up then go outside and run some races with your family. Before you start make sure you look and point in the direction you are going. Ready, set, go!	<b>Running:</b> Go outside and run freely around on the grass to warm up. Then play some games such as duck duck goose, cat and mouse or what's the time Mr Wolf?	<b>Running:</b> Warm up and stretch, then go for a fun run with a family member around your local area. How far can you go? Do a cosmic kids yoga session to warm down and relax your body.	Time to move your body! How many <a href="https://www.gonoodle.com/">Go Noodle</a> activities can you do? <a href="https://www.gonoodle.com/">https://www.gonoodle.com/</a>
<b>MATHS</b>	<p>★ Practise writing your numbers from 10 to 20 (or beyond). Remember that the one comes first for all teen numbers.</p> <p>★  <b>Blocks on a bowl:</b> Place an empty bowl upside down between a pair of students/people. Put five blocks on top. Instruct one student to look away while the partner takes some of the blocks from the top of the container and hides them under the container. Instruct the first student to turn back to see how many blocks are left on top of the container. Using this information, the student determines <i>how many blocks were placed under the container</i>. The student may then lift the container to confirm the answer. <i>Do this with 5 blocks first, then try it with 10.</i></p> <p>★ <b>Matific:</b> Complete one activity on Matific School Work. Try to achieve 5 stars in the activity.            ★★★★★</p> <p><b>Offline alternative: What comes before?</b> Roll a dice and say the number that comes before. Do this 10 times. Eg roll a 4 and the number you say will be 3.</p>	<p>★ Grab a handful of objects (e.g. raw pasta, buttons, pegs, beads). Count the objects. Write your numbers up to the total. For example, if you grabbed 8 pegs then you would write your numbers 1 to 8. Repeat.</p> <p>★ <b>Seesaw:</b> Sea Animal Graphing  <b>Offline alternative:</b> Sort something in your house according to its colours (e.g. socks, cushions, pegs, blocks). Which colour had the most? Which had the least? How do you know?</p> <p>★ <b>Matific:</b> Complete one activity on Matific School Work. Try to achieve 5 stars in the activity.            ★★★★★</p> <p><b>Offline alternative: Bowling time</b>            Set up 5 cups, block towers or empty bottles in a triangle shape. Roll a small ball at the triangle. Count how many items you knocked down. Can you figure out how many items are still standing without counting them? Check your answer.</p>	<p>★ Practise writing your numbers from 10 to 20 (or beyond). Remember that the one comes first for all teen numbers.</p> <p>★ <b>Seesaw:</b> Is it half?  <b>Offline alternative:</b> Draw some everyday objects (e.g. ice cream, car, tree, house). Draw a line to divide the shape into two equal parts (half). Make sure both parts are the same size.</p> <p>★ <b>Matific:</b> Complete one activity on Matific School Work. Try to achieve 5 stars in the activity.            ★★★★★</p> <p><b>Offline alternative: What comes before?</b> Roll a dice and say the number that comes before. Do this 10 times. Eg roll a 4 and the number you say will be 3.</p>	<p>★ Time yourself writing your numbers forwards from 0-20. How long did you take? Write your numbers again and see if you can do it faster.</p> <p>★  <b>Blocks on a bowl:</b> Refer to Monday's Maths activity. Play this game again with someone in your family. Try it with 5 blocks first, then challenge yourself with 10 or 15 blocks.</p> <p>★ <b>Matific:</b> Complete one activity on Matific School Work. Try to achieve 5 stars in the activity.            ★★★★★</p> <p><b>Offline alternative: Pull and Count</b>            Pull a handful of beads, counters, pencils and count how many you have. Write how many you have. Take 2 away from the pile. How many do you have left? Write the answer. Do this 5 times.</p>	<p>★ Walk around your house <i>backwards</i> and practise counting <i>back</i> from 20.</p> <p>★ <b>More or less:</b> Separate a deck of cards (or number cards) into two piles and place it between you and your partner. At the same time, each of you turns over the top card of both piles. The person who has the <i>highest</i> number gets a point. The first person to get 10 points first is the winner!</p> <p>★ <b>Matific:</b> Complete one activity on Matific School Work. Try to achieve 5 stars in the activity.            ★★★★★</p> <p><b>Offline alternative:</b>   <b>Closest to 0:</b> Play with a sibling or parent/carer. Each person writes the numbers 0-10. Roll the dice and cross off that many numbers starting at 10. (E.g if you roll a 3 you cross off 10, 9, 8 and circle 7). Each person can only roll the dice 1 time. The person closest to 0 wins!</p>


OTHER	<p><b>Science</b> <b>The Seasons</b></p> <p>Go to <a href="http://inq.co/class/i14">http://inq.co/class/i14</a> and enter the code: <b>8815</b>. Complete the lesson called 'Reason for the Season'. Watch the video, view the eBook and complete the green circle worksheets.</p> <p><b>Offline alternative:</b> With an adult, discuss the four seasons - summer, autumn, winter and spring.</p> <ul style="list-style-type: none"> <li>• What is unique about each season?</li> <li>• What do plants and animals do in each season?</li> </ul> <p><b>Choose a season and draw an animal and a plant in that season.</b></p> 	<p><b>Visual Arts</b> <b>Directed drawing</b></p> <p>Follow along with the 'Art for Kids Hub' team to draw/paint your own apple.</p> <p><i>You are welcome to draw your own apple and not follow along with the video.</i></p> <p><b>Remember to post a photo of your artwork to Seesaw.</b></p> 	<p><b>Geography</b> <b>Special Places</b></p> <p>Go to <a href="http://inq.co/class/i14">http://inq.co/class/i14</a> and enter the code: <b>8815</b>. Complete the lesson called 'Special Places'. Go through the slides, watch the video called 'Embarked' and complete the green circle worksheets on page 5 and 6.</p> <p><b>Offline Alternative:</b> Talk about how places can be special because of how they make us feel or what we can do at them. Think of places that are special to you and your family and discuss the types of things you can do there (e.g. a park, shopping centre, school, beach, home).</p> <p><b>Draw a picture of your special place and talk or write about how it makes you feel.</b></p> 	<p><b>PDHPE</b> <b>Feelings</b></p> <p><a href="#">Read the story "In my heart" by Jo Witek.</a></p> <p>Talk to your mum or dad about different feelings.</p> <ul style="list-style-type: none"> <li>• How do you feel when you are safe? When I am safe I feel .....</li> <li>• I am happy when ....</li> <li>• I feel sad when.....</li> <li>• I feel scared when.....</li> <li>• I feel angry when.....</li> </ul> <p>Make your own feelings book and show different emotions: happy, excited, sad, scared etc or Using a paper plate and coloured paper, cut out shapes to make a happy face on one side and a sad face on the other.</p>	<p><b>Creative Arts</b> <b>Friday Fun Day</b></p> <p>Choose a favourite activity:</p> <ul style="list-style-type: none"> <li>• Construction</li> <li>• Craft</li> <li>• Collage</li> <li>• Music/Dance</li> <li>• Lego</li> <li>• Dress-Ups &amp; imaginary play</li> </ul>
Additional Teacher Activities	<p><b><u>Miss Cavenagh (Dance)</u></b></p> <p>★ 1 Seesaw Activity uploaded. Revision of the 'ABC' Dance.</p> <ol style="list-style-type: none"> <li>1. Upload a video of yourself doing the dance to Seesaw</li> </ol>		<p><b><u>Mrs Mok (EAL/D)</u></b></p> <p>★ 2 Seesaw activities uploaded each Wednesday for <u>some</u> students only.</p> <ol style="list-style-type: none"> <li>1. Listen and do task</li> <li>2. Completing sentences (talking task)</li> </ol>	<p><b><u>Mrs Yiu (LaS)</u></b></p> <p>★ Complete Seesaw activities uploaded each Thursday for <u>some</u> students only.</p>	<p><b><u>Miss Cavenagh (Sport)</u></b></p> <p>★ 1 Seesaw Activity uploaded. Follow along the different activities to stay active at home.</p>
ADDITIONAL ACTIVITIES & WEBSITES	<p><b>English:</b> <a href="#">Activities to support literacy skills at home</a></p> <ul style="list-style-type: none"> <li>• Talk about the daily read aloud with your child. Draw and write something about the story.</li> </ul> <p><b>Reading:</b></p> <ul style="list-style-type: none"> <li>• <b>Sunshine Reading Online - levelled readers and activities</b> <ul style="list-style-type: none"> <li>○ <a href="https://www.sunshineonline.com.au/">https://www.sunshineonline.com.au/</a></li> <li>○ <b>login:</b> rydeps <b>password:</b> rydeps</li> <li>○ Most students would currently be on level 1.</li> </ul> </li> </ul> <p><b>Phonics:</b></p> <ul style="list-style-type: none"> <li>• Go to the <a href="https://www.starfall.com/h/abcs/">starfall website</a> to learn the SOUNDS each letter makes (<a href="https://www.starfall.com/h/abcs/">https://www.starfall.com/h/abcs/</a>)</li> </ul>				

- <https://www.youtube.com/watch?v=BELIZKpi1Zs>
- [https://www.youtube.com/watch?v=VFaoB\\_IIRac](https://www.youtube.com/watch?v=VFaoB_IIRac)
- **SoundWaves** - [www.soundwaveskids.com.au](http://www.soundwaveskids.com.au) **Access code:** flat997

**Sight words:**

- [Sight Word Activities](#)

**Writing Ideas:**

-  [Pencil grip tutorial](#) - how to support your child to hold their pencil correctly
- Draw a picture and write about it (favourite toy, place, food, activity, game etc.)
- Listen to a story and write about your favourite part
- Write about what happened in the beginning, middle and end of a story
- Look at a picture and write about it
- Write a letter/make a card for a friend, teacher, family member

**Maths:**

- [Activities to support numeracy skills at home](#)
- [Starfall Maths](#)
- [IXL maths games](#)

**Physical Activity and Mindfulness:**

Cosmic Kids Yoga: <https://www.youtube.com/user/CosmicKidsYoga/videos>

Go Noodle: <https://www.gonoodle.com/>

Kidz Bop: <https://www.youtube.com/user/KidzBopKids>



**Brain Break Suggestions:**

- Dancing/moving/stretching/singing
- Drink of water/have a snack
- Physical activity (as above)
- Go outside and run/hop/skip/jump/bounce a ball